

# Food Preparation Year 11 & Nutrition:

**Mock 2:  
Thursday 20th March 2025**

Revision  
Topics:

Topics from year 10 assessment list

- Food spoilage
- Meat, poultry, fish & eggs
- Alternative proteins
- Cereals to include rice & pasta
- Bread, cake, pastry, sauces
- Food provenance and waste
  
- Cultures & cuisines
- Factors affecting food choice