Off-site Activity: Benefits and Learning Outcomes

Planning and Prioritising Learning Opportunities

Developing Individual Potential
- Building Self-confidence
- Boosting Self-esteem
- Coping with Challenge
- Providing Hands-on Experience
- Facilitating Personal Decision Making
- Stretching Personal Comfort Zone
- Improved Motivation
- New Skills and Unlocking Talent
- Providing Rites of Passage

Spiritual and Emotional Development
- Emotional Literacy - Awareness and Understanding of Self and Others
- Developing Self-reliance and Independence
- Developing Self-respect and Self-esteem
- Responding to the Awe and Wonder factor
- Developing a Positive Attitude to Challenge
- Developing a Sense of Adventure
- Developing the ability to Empathise
- Appreciation of People and Places

Improved Understanding and Awareness of Environment and Other Cultures
- New Places and Expanded Horizons
- Appreciation of the Natural Environment
- Appreciation of Alternative Cultures
- Contextual Learning - Fieldwork and Language in context
- Practicing the Principles of Sustainability

Improved Learning Skills
- PSHE
- Key Skills
- Citizenship
- Experiential Learning
- Managing Challenge and Risk
- Maximising Learning through Multiple Intelligences
- New Language?
- Learning with Consequences
- Access to Lifelong Learning
- Theory into practice

Improved Teamwork
- Cooperating with others
- Learning to Trust
- Group Decision Making
- Helping and Caring for Others
- Setting and Achieving Team Goals
- Effective Communication - Listening and Speaking
- Working Together and Sticking Together
- Establishing a Group Identity
- Awareness of Strengths and Weaknesses

Improved Relationships
- Heightened sensitivity to the Needs of Others
- Adults seen in a different light
- Young People seen in a different light
- Working and Living with Others
- Understanding the need for Trust and Cooperation

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