

Food Preparation & Nutrition:

Year 11

**Mock 2:
06.03.23**

Revision topics:

Topics from year 10 assessment list

- Food spoilage
- Meat, poultry, fish & eggs
- Alternative proteins
- Cereals to include rice & pasta
- Bread, cake, pastry, sauces
- Food provenance and waste
- Cultures & cuisines
- Factors affecting food choice